

Stafford Primary School Newsletter

WEST LINN-WILSONVILLE SCHOOL DISTRICT
19875 SW STAFFORD RD., WEST LINN, OREGON 97068
(503) 673-7150 - www.stafford.wlww.k12.or.us



Dear Families,

With Thanksgiving a couple of weeks away, I wanted to take this opportunity to share my thanks to all the parents and what they do for Stafford, our children and the community as a whole. This is a time of year when I find it important to take the time to think about all that I am thankful for in my life. As I think about Stafford, I am so thankful to be a part of this amazing community. I know that the entire staff feels the same way.

Stafford has a long tradition of excellence and dedication to engaging each child. This does not simply happen by accident. It comes from the community, the students, and most definitely the staff. I feel so fortunate to work amongst such an incredible staff. Each member of the staff is so thoughtful and passionate about fostering engaging learning environments for every child. This fall, we have been focusing on workshop groups where teachers are exploring their own areas of professional growth. Workshops are focused on Kindergarten literacy, using technology to enhance learning communication, inquiry, character and art. The learning and explorations have been valuable and rewarding for all. It is yet another example of our on going commitment to our craft and to each child.

I am thankful for the outstanding children who we are fortunate to be with each day. The children come to school eager, ready to learn and with a deep sense of possibility. It is this curiosity that makes our work such a joy.

I am also thankful for the entire community. Once again, I am overwhelmed by the outpouring of generosity for the food drive. It is amazing to watch the food boxes fill up in the hallway outside my office. The outpouring of care for the broader community is an example of the type of care that circles around all of us each and every day. Your support and thoughtfulness is so appreciated! Thank you.

As we enter into the rush that November and December brings, I think it is important to remind ourselves of our good fortune to be a part of this incredible community. Thank you for all you do and for sending us such wonderful children!

Take good care,

Patrick

**REMINDER: NO SCHOOL ON THURSDAY, NOVEMBER 11 OR 12.
NOVEMBER 12th IS A DISTRICT FURLOUGH DAY. We will see the children back at school
on Monday, November 15th. Enjoy your weekend!**



Messages From The Office



MINOR MOMENTS

This January, Stafford will be hosting a Math night. The purpose of this night is to help explain the teaching practices and beliefs that guide our math instruction at Stafford. Our approach and instruction in mathematics can look a lot different then when we went to school, so we wanted to take some time to explain the methods and guiding principles that inform our instruction. We will be providing activities and games that you can do with your child at home in help improve their mathematical proficiency. This should be a fun and informative evening where we hope to answer your questions and have a rich discussion about mathematics! Please look in future newsletters for the exact day of this event and feel free to contact me with any questions!

ENRICHMENT FEES ARE DUE!

We hope your child is enjoying the class he/she is attending. Please make sure you send in your enrichment class payment to the office by November 19.

Thank you. Patrick Minor

GOING ON VACATION OR HAVE A SICK CHILD?

DID YOU CALL THE OFFICE?

Please call the office when your child will not be attending school. While teachers might get the information, the office needs to record the attendance for the state and we also want to make sure that absent children are in the safe hands of an adult. Thank you. Kathy Cooley

STAFFORD CALENDARS:

To keep up with all that goes on here at Stafford please check our website.

<http://www.stafps.wlww.k12.or.us/> and click on *Calendar*.

BIRTHDAY BOOK CLUB

The November birthday party will take place on Nov. 30 at 1:30 p.m. during school hours where your child will receive treats as a thank you. If you'd like to donate a new, hard cover book to the library for your child's birthday, simply turn it in to the library by Nov. 29 with your child's name, teacher and birth date.

LOST AND FOUND ITEMS

The Lost and Found is over flowing with nice clothing! Your children must be COLD because we have their coats and sweaters! Please view and claim lost items now located in the MPR. Unclaimed items will be donated to a charity after December 17.

STAFFORD BOOK FAIR HUGE SUCCESS!

Our Fall Book Fair was another huge success. Our profits totaled \$8200 and we earned over \$4000 Scholastic dollars for our library! The One for Book donation program raised \$26. Thank you to everyone who volunteered at the fair. We couldn't have done it without you! So many wonderful books are now in the hands of our children.

ORDER A YEARBOOK!

A yearbook reminder: Please pass along any photos to your classroom photo representative of Stampede, First Day of School, Art Literacy, Buddy Classes, Field Trips and Halloween. Also, at any time you can order your yearbook at www.myyear.com for \$20.00 (plus convenience fee). If you want to purchase a yearbook by writing a check, we accept those in the spring of 2011. Thank you! Any questions please call Erica Yraguen @ 503-344-4725.

WINTER WEATHER

In case of inclement weather and there is any question about whether school will be open, please tune in to a local radio or television station. They will begin reporting school closures by 6:00 a.m. School closure information is also available on our district website at www.wlww.k12.or.us or sign up for an email/text alert when the school has a closure. Click on the link at the top of the district web page and follow the prompts. NOTE: Conditions can change quickly so please stay tuned for closure updates throughout the morning before school begins. Check for Snow Bus Routes on the district website.



FREE DENTAL CARE EVENT!

The Oregon Dental Association and Dental Foundation of Oregon will provide FREE DENTAL CARE:

DATE: Monday, November 22 and Tuesday, November 23, 2010

WHERE: Oregon Convention Center, 777 NE MLK Jr Blvd., Portland, OR.

TIME: Doors open 6 a.m. Patients seen on first-come, first-served basis with a maximum of 1,000 patients seen each day. The day's patient quota is typically reached by 10 a.m. so come early!

WHO: Adults and children of all ages who are uninsured, under insured or otherwise unable to visit a dental office and do not have a medically-compromising condition that prohibits receiving care are welcome.

Children under age 18 must be accompanied by parent or guardian.

CARE: Cleanings, fillings, extractions and limited treatment partials offered. All work is provided for FREE by 1,000 dental professionals and community volunteers, donating their time and skills.

NOTE: Photo identification, social security number or other personal identification/documentation is NOT required. Interpreters will be available to assist Spanish, Russian and Vietnamese speaking patients.

WEST LINN—WILSONVILLE SCHOOL DISTRICT NEWS

To review the revised District school calendar with furlough days log on to:

<http://www.wlww.k12.or.us/News/LatestNews/SchoolCalendars.asp>).

Music and Arts Partners Fundraising Promotion

Recently, MAP entered into a partnership with a company called MyEZDeal that provides drastically discounted products and services from local merchants through a once-daily email to registered myEZdeal members. A percentage of all purchases made by members who register through MAP goes back to MAP throughout the year and helps us fund the programs and services in our schools. Being the inaugural week of our partnership, 100% of the profits earned through sales of this week's deals will go to MAP,

Today's Deal

October 28: \$45 for a Deluxe Pedicure/Manicure and Facial or a Deluxe Pedicure and Full Set with an Arm and Hand Massage

Music and Arts Partners will receive 100% of myEZdeal profits on these featured deals! So even if you don't buy today's Daily Deal, be sure to register through MAP so we can raise funds on purchases you make in the future. Click on the myEZdeal logo on this page: <http://www.musicandartspartners.org/> or go directly to myEZdeal by following this link: <http://myezdeal.com/nonprofit/ref/WestLinnWilsonville/NP-34901284059169-14> Thank you for your continued support of Music and Arts in our schools!



LINK TO THE COMMUNITY BULLETIN BOARD!

<http://www.bond.wlww.k12.or.us/cbb/>

STAFFORD FUND RAISER!



Just in time for the holiday season! Visit 'La Vie Nail Salon' in Lake Oswego and treat yourself and friends to a manicure, pedicure, spa day, etc. The salon will kindly give 10% of their profits from Stafford families back to our school during the months of November and December. Special packages for children under 12! Make sure to fill out the Stafford family form at their front desk.

**Call soon for an appointment. (503) 675-2518
La Vie Nails. 17740 Pilkington Rd. Lake Oswego, 97035**

Youth Wrestling Camp - An Introduction to Wrestling. November 9, 10, 11 Wilsonville HS wrestling room 6:30 to 8:00 PM. Ages 5-14 welcome. Introduce you and your child to the sport of wrestling. Kids will work with high school wrestlers and coaches along with WYS youth coaches to learn some wrestling basics. Cost of the camp is FREE and includes a camp T-shirt. At the conclusion of the camp, if interested, young wrestlers will have the opportunity to join Wilsonville Youth Sports Wrestling. Kids need to bring workout clothes and water. For questions, please call 503-319-2586 or email wilsonvillematclub@gmail.com



NOVEMBER

- Nov. 11 No School/Veterans' Day
- Nov. 12 No School/Furlough Day
- Nov. 15 Scrip Order Deadline
- Nov. 18 Last day to Donate to Thanksgiving Food Drive
- Nov. 18 Fourth Grade Parent Social
- Nov. 19 Spirit Day
- Nov. 22 No School/Teacher Work Day
- Nov. 23-26 No School/Thanksgiving Holiday
- Nov. 30 Birthday Book Club 1:30 p.m.

DECEMBER

- Dec. 2 Third Grade Social
- Dec. 8 PTSA Meeting, 9:00 a.m. At Courtney Kennedy's House
- Dec. 10 Report Cards go home
- Dec. 17 Spirit Day
- Dec. 18-Jan.3 Winter Break



JANUARY

- Jan. 4 School Resumes for all students
- JANUARY: Third and Fourth Grade Parent Social
date TBD
- Jan. 5 PTSA Meeting
- Jan. 14 No School/Furlough Day
- Jan. 17 No School/Dr. King's Birthday



\$1

\$1 off any Large or Extra Large

\$1

BELLAGIOS PIZZA will donate \$1.00 for each coupon

Redeemed to Stafford School

West Linn 557-1406 Tualatin 691-7841 Sellwood 230-2900 Sunnyside 698-6699

Beaverton 466-2070 Gresham 465-8000 Goose Hollow 221-0110

Lake Oswego 635-8700

West Linn 557-1460

\$1 off any Large or X-tra Large

NOVEMBER 10, 2010

Stafford Primary

PTSA

everychild. onevoice.

Stafford PTSA

NEWSLETTER

Support our Great Programs...**Buy Scrip and be entered to win a Nike Employee Store Pass**

Did you know Nike contributes \$6 for every Nike gift card purchased? Do you use Scrip? If you do, let others know how easy and convenient Scrip (gift cards) are to use when buying groceries, coffee at Starbucks, clothing, going to the movies and more.

Next Scrip order date is **Monday, November 15th** by the end of day. Simply drop your order off with Kathy Cooley or send an envelope via kid courier and your child's teacher will deliver it to the office.

***SPECIAL THIS WEEK ONLY!** Your Scrip order automatically enters you in a drawing for a Nike Employee Store pass good for 3 days: November 19th, 20th and 21st.

Winners to be notified Tuesday, November 16th and will receive the pass in their order envelope or order confirmation for those purchasing Scrip to donate to the Thanksgiving food drive.

For questions regarding Scrip contact Karen Wied at stafford.scrip@gmail.com / 503.781.1700 or go to the Stafford Website

<http://www.stafford.wlww.k12.or.us/school/scrip>

Extra Directories Available!

If you'd like to purchase a school directory, they are in the office (see Kathy Cooley) for \$7.50. If you've paid for a directory but did not receive it, please contact Scott Rumsey at scottrumsey@earthlink.net.

Still to Come!

Grade Level Parent Socials

The PTSA is planning a social night for parents to get to know other parents in their child's grade level.

The following grade level events have been planned:

- **Third Grade:** Postponed until January, date TBD
Hosts: Chris & Briana Currey
- **Fourth Grade:** Postponed until January, date TBD
Hosts: Frank & Jennifer Peters

The most recent socials to take place were for Kindergarten and second grade. A big thank you to Steve Gass & Ellen Urbani and Craig & Brittainy Tiffany for hosting such memorable events! The second grade social had over 65 parents attend!

Contact Brittainy Tiffany at brittainyt@yahoo.com for more information.

eScrip News:

Renew or sign up with your Safeway Club Card today! eScrip is another way businesses contribute money to Stafford each time you shop.

If you participated last year, renew so our school continues to earn contributions.

To Renew:

1. Go to www.escrip.com
2. Click on "Yes Renew" (bottom of page)
3. Enter one of the following: your phone #, email, or Club Card #

*Renewal only needed for Safeway Loyalty Card

To Sign-up for the first time:

1. Go to www.escrip.com
2. Click on "sign-in"
3. Enter "8567018"
4. Select Stafford Primary
5. Continue through the final registration steps

For questions regarding eScrip contact Karen Wied at stafford.scrip@gmail.com 503.781.1700

THANKSGIVING FOOD DRIVE

Stafford and PTSA will be doing a food drive for other Stafford families who need a little assistance during the holidays. Below is a list of items that are needed. There are boxes in the front hallway where food can be dropped off. Grocery store gift cards should be given to Judy in the front office or Laura Barbour in the counseling office. All donations should be at the school no later than 12:00pm on Thursday, November 18th.

Let's come together as a community to support each other.

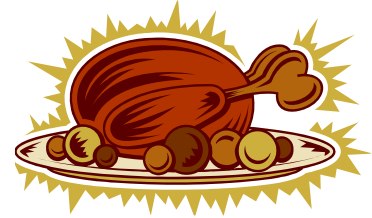
Needed pantry items:

Kindergarten:

Bag of flour
Bag of sugar
Cooking oil

First Grade:

Canned pumpkin
Canned apple pie filling
Pie shells



Second Grade:

Canned vegetables
Cream of mushroom soup
Cream of chicken soup

Third Grade:

Boxed brownie mix
Boxed cake mixes and frosting
Bag or boxed roll or biscuit mixes

Fourth Grade:

Boxed stuffing
Salad dressings
Jar gravy

Fifth Grade:

Canned cranberries
Canned French fried onions
Bisquick

Anyone can provide:

Last minute items (dropped off on the 17th—19th)
Bag of potatoes
Bag of apples
Bag of oranges
Frozen ham or turkey



Grocery store gift cards can be donated as well to help families buy a ham or turkey. Please donate in denominations of \$10, \$15, \$20, or \$25 so they can be shared with multiple families.

Buy through SCRIP and give back to the school in two different ways! Scrip Orders can be placed on November 1st and 15th. Email stafford.scrip@gmail.com to place an order.

Any questions can be directed to Briana Currey at bkcurrey2002@yahoo.com.

Spirit Wear

Ho Ho Ho!... Need gift ideas for your student??

All Spirit Wear orders were sent home with students at the end of October. Please contact me if you did not receive your order or if you would like to place an order from the remaining inventory listed below. Rebecca Demorest 503.638.0868 or rhdemorest@yahoo.com

Our next Spirit Day is November 19th.

ITEM	COLOR	AVAIL SIZES & QTY	PRICE
Girl's Hoodie	Grey	Youth M – qty 2 Youth L – qty 2 Youth XL – qty 2	\$16.00
Girl's Hoodie	Pink	Youth XL – qty 3	\$16.00
T- Shirt	Grey	Adult XL – qty 2	\$8.50
Girl's T-Shirt	White	Youth L – qty 2 Adult M – qty 3 Adult L – qty 5	\$10.00
Full-Zip Hooded Sweatshirt	Grey	Adult M – qty 2	\$22.50
Lanyards	Navy	N/A – qty approx. 70	\$4.00



PTSA Membership

Congratulations to Mrs. Amri's class, winners of the PTSA Membership Drive **ice cream party!** Mrs. Amri's class topped the PTSA membership list with 78% of parents who joined, followed by a close second was Ms. Couturier's class with 76%, and in third place was Mr. Schecter's class with 73%.

Thank you to all of the parents (and grandparents) who have joined PTSA to-date. PTSA is **189 members strong!** It's never too late to become a member of Stafford PTSA. Membership forms can be found on the PTSA bulletin board in the hallway or on-line at <http://www.stafps.wlww.k12.or.us/ptsa/membership-and-annual-fund-forms>.

Heidi Pihas will be doing some holiday shopping this season as she was the winner of the **Nike Employee Store Pass!**

For more information regarding PTSA membership contact Becky Luther at becky.w.luther@gmail.com

On behalf of the Stafford PTSA, we would like to extend a very special "thank you" to those who have generously donated to our Annual Fund campaign this year.

Your support will help Stafford PTSA continue to offer critical programs and services to help improve the quality of education for our children. You will receive a receipt for your donation by November 30th for your tax records. Please also remember to contact your place of employment to see if they offer an employee match program to non-profit organizations. If you have questions, please contact Becky Luther, PTSA Annual Fund/Membership Chair at (503)885-1526 or becky.w.luther@gmail.com.

Adams, Sheila	Dougherty, Joy	Juster, Kirsten	Nelson, Susanne	Stohler, Aimee
Alexander, Lisa	Duffield, Jeannine	Kadel, Candi	Noble, Michelle	Sukumar, Shirin
Allen, Michelle	Duffy, Erin	Kagan, Donna	Notdurft, Nancy	Swartz, Teresa
Anderson, Allyson	Dyer, Randy	Kehoe, Tamra	Ogden, Chanon	Talbert, Heidi
Anderson, Heather	Eber, Chris	Kennedy, Courtney	Olmstead, Bess	Teich, Laurie
Aneja, Jyoti	Edgar, Tamarra	Kidd, Toni	Olson, Amy	Thayer, Kristy
Aoyama, Clarissa	Ellett, Shelly	Kim, Sumi	Olson, Kris	Tiffany, Brittainy
Armitage, Jeanette	Ellis, Earle	Kinman, Gina	Oman, Tracy	Tye, Suzanne
Atwood, Ronda	Emerson, Stacy	Klose, Margo	Ouellette, Wendi	Ullwelling, Nicole
Bader, Jordan	Esau, Sherry	Klosterman, Kristi	Paschal, Janine	Urbani, Ellen
Badger, Krista	Feinblatt, Sharon	Kobliha, Nicole	Patterson, Cindy	Vasilopoulos, Christie
Bancroft, Shelly	Fogg, Lisa	Kusyk, Sarah	Paulsen, Jane	Venderby, Gitte
Barbee, Sara	Frey, Meg	Lambert, Pam	Percell, Brody	Vincent, Erika
Bean, Kim	Froidcoeur, Julie	Landsem, Kimberly	Peterson, Tracy	Voeller, Denise
Bennett, Anne	Gandy, Annette	Lang, Kay	Pinoli, Miriam	Wagner, Amy
Bergstrom, Denise	Garcia, Eva (Beas)	Layne, Dardee	Popelka, Arlene	Walters, Valerie
Betty, Sara	Garnett, Heidi	LeBlanc, Sally	Pruzek, Liisa	Webber, Rhonda
Bildner, KC	Gilday, Tracy	Lera, Jennifer	Reiner, Julie	Welch, Suzie
Birmingham, Kileen	Grannum, Celeste	Lewis, Mary Lou	Rice, Sharman	Wied, Karen
Bischel, Annalise	Gray, Catherine	Liu, Jun	Rissberger, Julie	Wierman, Nicolle
Boies, Elizabeth	Greyerbiehl, Laura	Lords, Danette	Roden, Colleen	Wilbur, Kiersten
Brin, Jackie	Griffiths, Lisa	Luther, Becky	Rodman, Kimberly	Wilde, Donna
Brisbois, Trish	Hagen, Jennifer	Macaluso, Rachel	Rowan, Bonnie	Willett, Wendy
Brooke, Judy	Hansen, Darcy	Maiden, Holly	Royse, Lariann	Winters, Shari
Brown, Tara	Hashbarger, Renee	Makeev, Tanya	Royse, Rod	Wood, Kristen
Brumbaugh, Mitzi	Hawkins, Sarah	Manley, Missy	Rucker, Kim	Woodworth, Kelli
Burk, Ruth	Hemsley, Molly	Manwaring, Laura	Rumsey, Deborah	Wu, Yan
Capps, Melissa	Ho, June	Masters, Joanne	Russell, Carey	Yang, Yaohua
Carpenter, Jan	Hoem, Julie	Matthiessen, Julie	Schechter, John	Yannotta, Amy
Cook, Christine	Hoots, Kate	McAninch, Betty	Schemm, Jessica	Yoo, Young-man
Cornelius, Beverly	Howard, Gita	McCabe, Jean	Siegel, Linda	Yraguen, Erica
Corso, Maggie	Hurst, Kris	Megarry, Michelle	Skates, Lola	Zhao, Yi
Curdy, Amanda	Ihlenburg, Lauren	Michelon, Kirsten	Snyder, Laura	Zhou, Jian
Currey, Briana	Ingle, Wendy	Miller, Lara	Staats, Kelsey	Zoomajian, Anne
Daswick, Greg	Jaffe, Michele	Miller, Tammy	Stecher, Becca	
Deering, Nicolle	Jensen, Allie	Monahan, Daniel	Stevenson, Rachel	
Demorest, Rebecca	Johnson, Debbie	Mundy, Taarah	Stewart, Stephanie	

Want More Information Regarding PTSA?

Try the **Stafford Primary Website** and click on PTSA: www.stafford.wlww.k12.or.us

Co-Presidents: Joanne Masters (503) 635-2808 / joanne.gmasters@comcast.net - or-

Courtney Kennedy (503) 638-0989 / courtney@pickaback.com

Volunteers: Please Contact Erika Vincent (503) 723-9380 / erikavincent@comcast.net

Newsletter Inquiries: Please Contact Dardee Layne (503) 709-6295 / dardinel@hotmail.com

With the health of children in mind, as well as their preferences, the West Linn – Wilsonville School District has supported nutritious lunches as an important component of the Wellness Program. November's primary menu consists of healthy foods, designed and developed by an experienced nutrition team, with collaboration from many.

Homemade, fresh and simple entrees such as a brown rice chicken Bento, baked potatoes with low fat mozzarella cheese, and a taco salad made with shredded cheddar have replaced chicken nuggets, fries and nacho's with cheese sauce. Highly processed entrees are being phased out. Instead, hand assembled pizza, a low-fat, whole wheat version of tuna and noodles as well as traditional favorites such as a simple cheese or turkey sandwich or a soft taco made with lean beef on a whole wheat flour tortilla are now featured.

Fresh and locally sourced produce includes apples, oranges, pears, lettuce, broccoli, zucchini, kiwi, cherry tomatoes and radishes. Carrots and celery are organic. Produce grown at CREST and in the school gardens have been highlighted in the lunchroom.

As children become more adventurous, we hope they will give the homemade quiche a try and continue to keep the momentum going when enjoying the array of fresh vegetables being offered. We will be sampling additional new and healthy foods each month and asking children if they enjoyed them.



Trans fat, MSG and growth hormones in milk have been eliminated for some time. Nitrites and nitrates are gone. High fructose corn syrup is on it's way out, with only a small amount contained in the spaghetti sauce. (We are working on that now.)

Kettle chips, a Northwest original with no artificial ingredients, low fat Sunchips, homemade granola bars and whole wheat cookies (with Bob's Red Mill ingredients and honey) will be offered occasionally.

For more information, please refer to the [Nutrition Goals](#) on the nutrition services website. The rest of the menu will be available soon. Thank you for supporting the role school lunch plays in the health of our students. Sincerely, Cynthia Abel, District Nutrition Service Manager AbelC@wlww.k12.or.us



West Linn – Wilsonville Schools ♦ Primary Lunch Menu ♦ November 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 ☉Hamburger ~95% lean beef on a whole wheat bun, served with Kettle or Sunchips ☉Turkey Sandwich ~lean turkey on whole wheat bread & chips Fruits & Vegetables	2 ☉Sloppy Joe ~lean meat, low sodium, no HFCS on a whole wheat bun ☉Yogurt, Berries, Granola & a whole wheat roll ~Northwest Yami yogurt, homemade granola with honey, Bob's organic whole wheat & oats Fruits & Vegetables Nonfat Chocolate Milk	3 ☉Brown Rice Bento ~brown rice, real meat diced chicken, no additives, and Teriyaki seasoned vegetables ☉Cheese Sandwich ~reduced fat cheese on whole wheat bread Fruits & Vegetables	4 ☉Pasta & Meatballs ~whole wheat pasta, low fat, low sodium meatballs and spaghetti sauce ☉Sunbutter & Local Jam ~on whole wheat bread Fruits & Vegetables	5 ☉Soft Taco ~low sodium, low fat beef and shredded cheese on a whole wheat flour tortilla ☉Cheese Sandwich ~reduced fat cheese on whole wheat bread Fruits & Vegetables Granola Bar
6 ☉Macaroni & Cheese ~low fat, made with Land O'Lakes cheese ☉Turkey Sandwich ~lean turkey on whole wheat bread served with Kettle or Sunchips Fruits & Vegetables	7 ☉Baked Potato ~baked fresh, topping choices: shredded cheese, sour cream, salsa and broccoli ☉Tuna Sandwich ~tuna and light mayo on whole wheat bread Fruits & Vegetables Nonfat Chocolate Milk	8 ☉Mandarin Orange Chicken Salad ~lettuce with diced chicken, oranges & a homemade Asian dressing. Served with a warm, whole wheat breadstick ☉Turkey "Wrap" Sandwich ~a whole wheat flour tortilla filled with turkey, thin sliced tomato and lettuce Fruits & Vegetables	9  Veterans Day No School	10  No School

Choices of fruits & vegetables, plain nonfat milk, 1% milk, and 100% juice are served every day. A plain cheese sandwich or a sunbutter & local jam (SBJ) sandwich are available daily but may not be listed on this menu. (Sunbutter is made from sunflower seeds, tastes just like peanut butter, and has a minimal allergy risk.) Whole wheat sandwich breads, rolls and hamburger buns are made by a local bakery. They contain honey, not high fructose corn syrup (HFCS) and are made from wheat grown in the Northwest.

MEAL PRICES STUDENT LUNCH - \$3.00 REDUCED LUNCH - \$4.40 ADULT LUNCH - \$4.00 MILK OR JUICE - \$.50

FOR A SMALL FEE, ONLINE CREDIT CARD PAYMENTS CAN BE MADE AT WWW.MYMEALTIME.COM QUESTIONS? PLEASE CALL 503-673-7977

CHECKS ARE ACCEPTED AT THE SCHOOL OFFICE. WHEN PAYING BY CHECK YOU AUTHORIZE THE RECOVERY OF UNPAID CHECKS AND THE RECOVERY OF THE STATE ALLOWED FEE BY MEANS OF ELECTRONIC RE-PRESENTMENT OR BY PAPER DRAFT.

Substitutions may occur based on inventory or vendor availability.

West Linn – Wilsonville School District is an equal opportunity provider.